

Zao[®]

By AnazaoHealth[®]



SUPPLEMENT CATALOG

ABOUT

Since the company's founding in 1997, AnazaoHealth (then operating as Genesis Pharmacy Services) recognized a national need for high-quality compounded bioidentical hormones and age management preparations.

Today, AnazaoHealth is one of the largest nationwide compounding pharmacies, servicing thousands of physicians and hospitals around the country. AnazaoHealth operates a 503A Traditional Pharmacy as well as an FDA-Registered 503B Outsourcing Facility.

Health & Wellness Preparations

- Aesthetics
- Hair Care Solutions
- Hormone Replacement Therapy
- IV & Injection Therapy
- Sexual Health
- Neuro
- Weight Management
- Vitamins & Minerals

Tampa

503A Traditional Pharmacy
5710 Hoover Blvd
Tampa, FL 33634

Vegas

FDA-Registered 503B Outsourcing Facility
7465 W. Sunset Rd Suite 1200
Las Vegas, NV 89113

Are you Ready to Order?

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2 Call 800-995-4363

Disclaimer: *These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

The headings and descriptions contained within this document are general headings describing formulas, products and services offered by AnazaoHealth Corporation. These general headings are not intended and should not be interpreted to make recommendations or claims regarding the use, efficacy or safety of products, formulas and/or services listed herein. Only a doctor or other appropriately licensed health care professional, as a learned intermediary, can determine if a formula, product or service described herein is appropriate for a patient.

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Hunger Control



Hunger Control is a whole new formula that's been redesigned to address those factors that may contribute to weight gain, such as energy level, hormone balance, slow fat burning and stress.* It contains a full complement of natural plant extracts plus Hoodia, L-Theanine, EGCG from Green Tea and other thermogenic factors to help manage hunger, control cravings, maintain blood sugar levels within normal range, and support proper fat metabolism.*



Caution: This product naturally contains caffeine. Do not take if you are caffeine-sensitive.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

Chromium (as Cr Polynicotinate) 50 mcg

A proprietary Blend of:

Green Tea (*Camella sinensis* L) Leaf Extract,
Theobroma cacao whole fruit (Metabromine® brand),
Hoodia gordonii (aerial stem), Eleutherococcus
senticosus (Root) 375 mg

Yielding: EGCG 105 mg

Theobromine 6 mg

Caffeine 1.5 mg

Guarana Seed Extract 100 mg

Yielding: Caffeine 4 mg

L-Theanine (Suntheanine® brand) 25 mg

Banaba (*Lagerstroemia speciosa* L.) Leaf Extract 10 mg

Yielding: Corosolic Acid 0.2 mg

Black Pepper (*Piper nigrum*) Seed Extract 5 mg

Other ingredients: Vegetable Cellulose (capsule),
microcrystalline cellulose, vegetarian leucine.

Warning: Do not take this product if pregnant, nursing, have fibrocystic breast disease, high blood pressure, or if you're taking MAOI or SSRI drugs or antihypertensive medications.





Carb Blocker



A vegetarian dietary supplement to inhibit carbohydrate absorption, Carb-Blocker is a unique combination of the Phase 2[®] brand starch neutralizer, Gymnema sylvestre, and Chromemate[®] brand chromium polynicotinate. Phase 2[®] starch neutralizer is an extract from the white kidney bean (*Phaseolus vulgaris*). Research shows that this extract can block the absorption of carbohydrates (from starch) because it contains a protein component that inhibits the enzyme alpha-amylase from breaking down carbohydrates from foods.* When this enzyme is blocked, the starch that's eaten cannot be converted to fat.* The addition of Gymnema sylvestre and Chromemate[®] is to support appetite control and glucose metabolism.*

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

Chromium
(as Cr Polynicotinate)[†] 100 mcg

Phaseolus vulgaris (white kidney bean, Phase 2[®] brand)
Extract** 500 mg
Gymnema sylvestre (leaf) 100 mg

[†]Chromemate[®] brand niacin-bound chromium.

**Phase 2[®] is used under license.

Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: If pregnant, lactating, diabetic, or hypoglycemic consult your physician before taking this product.



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Green Tea-70



A dietary supplement to support proper immune system function.* EGCG helps to support proper liver, cardiovascular, and immune system functions.* EGCG has been shown to support cholesterol levels within normal ranges.* EGCG is an important nutrient that may have benefits for joint support, intestinal health and weight management* Green Tea-70 is decaffeinated and contains the highest percentage of EGCG currently on the market.* Green Tea-70 is standardized to contain 70% or 350 mg of EGCG per 500 mg capsule.

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Green Tea (*Camellia sinensis* L.)

Leaf Extract 500 mg

Yielding: Epigallo-catechin-3-gallate 350 mg

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

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Slim Blend



Slim Blend™ with Raspberry Ketone is a vegetarian, dietary supplement that supports weight management.* Slim Blend™ with Raspberry Ketone combines 4 ingredients (Mango Seed Extract, Raspberry Ketone, Green Coffee Bean Extract and Green Tea Extract) that work synergistically to help weight management*

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

WellTrim® iG (IGOB131®) African Mango (Irvingia gabonensis) Seed Extract 150 mg
Green Coffee Bean Extract 300 mg
Green Tea (Camellia sinensis L.) Leaf Extract 100 mg
Yielding: Epigallo-catechin-3-gallate (EGCG) 70 mg
Raspberry Ketone 100 mg

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

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5-HTP



5-HTP is a precursor to Serotonin production.* Serotonin is a key neurotransmitter that is manufactured in the brain to help support proper mood, sleep, and appetite functions. Optimal Serotonin levels promote feelings of calm and emotional balance. In addition, Serotonin plays important roles in the body's ability to respond to pain, and in regulating the appetite by controlling the sensations of fullness and carbohydrate craving.

Supplement Facts

Serving Size 1 capsule
Servings Per Container 90

Vitamin B6 5 mg
5-HTP 50 mg

Other ingredients: microcrystalline cellulose, hypromellose (capsule), silicon dioxide.

Warning: If you are pregnant, nursing, or taking MAO inhibitors, antidepressants, or being treated for Parkinson's disease, consult your healthcare practitioner before taking this product.

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B-12 Drops



B-12 Drops is a dietary supplement that helps support energy as well as healthy blood and nerve cells.* B-12 Drops combines 1000 mcg Vitamin B12 with the active form of vitamin B6 and folic acid in an easy-to-use spray.

Supplement Facts

Serving Size 1 Spray (0.2 ml)
Serving Per Container 150

Folic Acid 100 mcg
Vitamin B6 (as Pyridoxal 5-Phosphate & Pyridoxine HCl) 2 mg
Vitamin B12 (as Methylcobalamin & Hydroxocobalamin) 1,000 mcg

Other ingredients: glycerin, water, potassium citrate.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

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Omega-3 HP & D3



Omega-3 HP & D3 is our superior-quality, lemon-flavored Omega-3 formula providing a high yield of EPA and DHA combined with 25 mcg of Vitamin D3. The Omega-3 fish oil in this product is from wild-caught anchovies, sardines, mackerel, and tuna. The oil is then molecularly distilled to ensure purity and stability.



Supplement Facts

Serving Size: 2 Softgels
Servings Per Container 60

Calories 25
Total Fat 2.5 g
Cholesterol 4 mg
Vitamin D3 (as Cholecalciferol)
25 mcg (1,000 IU)
Marine Lipid Concentrate 2,520 mg
Yielding: Eicosapentaenoic Acid (EPA) 900 mg
Docosahexaenoic Acid (DHA) 660 mg

Other ingredients: gelatin, glycerin, water, rosemary leaf extract, d-alpha tocopherol (as a preservative), natural lemon flavor.

Contains: Fish (Anchovy, Sardine, Mackerel, and Tuna).

Warning: If pregnant or nursing, consult your health-care practitioner before taking this product.



Complete



Complete is a balanced, convenient, economical one-a-day multiple vitamin/mineral supplement for adults.

Supplement Facts

Serving Size 1 Capsule
Serving Per Container 60

Vitamin A (as 50% Retinyl Acetate, 50% Mixed Carotenoids) 1,050 mcg
Vitamin C (as Ascorbic Acid) 150 mg
Vitamin D3 (as Cholecalciferol) 50 mcg (2,000 IU)
Vitamin E (as d-alpha Tocopheryl Succinate) 20.1 mg
Vitamin K2 (as Menaquinone-7) 50 mcg
Thiamine (as Thiamine HCl) 5 mg
Riboflavin (as Riboflavin 5-Phosphate) 3.5 mg
Niacin (as Niacinamide) 20 mg
Vitamin B6 (as Pyridoxal 5-Phosphate) 5 mg
Folate (as [6S]-5-methyltetrahydrofolic acid from Quatrefolic® [6S]-5-methyltetrahydrofolic acid, glucosamine salt) 400 mcg DFE

Vitamin B12 (as Methylcobalamin) 500 mcg
Biotin 300 mcg
Pantothenic Acid (as Ca Pantothenate) 10 mg
Choline (as Choline Bitartrate) 25 mg
Iodine (as K Iodide) 150 mcg
Zinc (as Zn Citrate) 25 mg
Selenium (as Selenomethionine) 50 mcg
Manganese (as Mn Citrate) 2 mg
Chromium (as Cr Polynicotinate) 200 mcg
Molybdenum (as TRAACS® Molybdenum Glycinate Chelate) 75 mcg
Coenzyme Q10 50 mg
Alpha Lipoic Acid 50 mg
Inositol 25 mg
Lutein 3 mg
Boron (as B Amino Acid Chelate) 1 mg
Lycopene 500 mcg
Zeaxanthin 500 mcg

Other ingredients: hypromellose (capsule), micro-crystalline cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

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Vitamin D3



Vitamin D3 10,000 IU liquid is a dietary supplement to promote the body's absorption of calcium and phosphorous, which are essential for the development and maintenance of healthy teeth and bones.*

Supplement Facts

Serving Size 1 ml (5 sprays)
Servings Per Container 30

Calories 10
Total Fat 1 g
Vitamin D3 (Cholecalciferol) 250 mcg (10,000 IU)

Other ingredients: sunflower oil, natural orange flavor, Vitamin E (as mixed tocopherols), rosmarinic acid.

Warning: Individuals taking more than 2,000 IU per day should have their vitamin D levels monitored. If pregnant or nursing, consult your healthcare practitioner before taking this product.

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Zinc



Zinc is an essential mineral found in every body cell. It is essential for a wide range of physiological functions and is an important cofactor for more than 200 enzymes, more than any other mineral.*

Supplement Facts
 Serving Size 1 Lozenge
 Amount Per Container 60

Calories 5
 Total Carbohydrates 1 g
 Zinc (as Zn Citrate & Zn Gluconate) 23 mg
 Stevia Leaf Extract 4 mg

Other ingredients: xylitol, stearic acid, vegetable stearate, citric acid, honey powder, silica, natural lemon flavor.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.



Immune Support



Immune Support is aimed at providing the most potent immune supportive nutrients both on a daily basis as well as during acute immune stress.* Because these ingredients support the immune system's ability to adapt and not simply upregulate immune function, those with hyperactive immune responses may also incorporate this formula, under a physician's supervision, into their daily regimen.

Supplement Facts
 Serving Size 2 Capsules
 Amount Per Container 60

Colostrum 500 mg
 Yielding: Immunoglobulins (IgG) 200 mg
 Monolaurin 300 mg
 Bakers yeast beta glucan 250 mg

Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Contains: Milk.

Warning If pregnant or nursing, consult your healthcare practitioner before taking this product.



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HGH



An amino acid complex specifically formulated to act as a secretagogue to stimulate the release of the body's own Human Growth Hormone (HGH) naturally.* HGH supports healthy blood sugar levels to reduce cravings and promote the reduction of body fat.* It also supports cardiovascular output and benefits workout recovery.* HGH in powder form is designed to dissolve in a cold beverage.

Supplement Facts

Serving Size 1 Scoop (10.95 g)
Servings Per Container 30

L-Glutamine 6,000 mg
L-Arginine 1,000 mg
L-Ornithine 1,000 mg
L-Lysine 1,250 mg
Glycine 1,000 mg

Other ingredients: none.

Warning: Persons with kidney disorders should consult with their healthcare practitioner prior to using this product. If pregnant or nursing, consult your healthcare practitioner before taking this product.

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DIM®



A dietary supplement to support hormonal balance and weight management in men and women.* DIM® is a proprietary blend of DIM® (Diindolylmethane) with Vitamin E and Phosphatidylcholine. DIM® causes a beneficial shift in the balance of estrogen, testosterone, and progesterone in both men and women.* Good estrogen metabolites support overall health by functioning as antioxidants, helping to eliminate unwanted materials, mobilize stored fat (for use as energy), and support hormonal balance.* They also help with weight management, exercise tolerance, and development of lean muscle tissue.* All of the benefits may contribute to the reduction of the effects of aging.*

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 120

DIM® 75 mg
DIM® (a proprietary enhanced bioavailability complex of starch, diindolylmethane, Vitamin E as tocophersolan, phosphatidylcholine, silica).

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), vegetarian leucine.

Warning: If pregnant, nursing, or planning to become pregnant, do not take this product.

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Thyroid Support



Thyroid Support is a dietary supplement to support thyroid function and health.* It is a vegetarian blend of Tyrosine, selenium, iodine, copper, zinc, manganese, ForsLean® brand Coleus Forskohlii, Bacopa monnieri, guggulsterones, Chromium and B vitamins, all of which work together to optimize thyroid function, relieve fatigue, manage weight, appetite and mood, support healthy T4 and T3 ratios and elevate cellular metabolism.

Warning: Do not take this product if you have an overactive thyroid, bleeding disorders, cardiovascular disease or hormone sensitive conditions; or if you are on blood-thinners, calcium channel blockers, nitrates, or statin drugs. Discontinue use 2 weeks prior to any elective surgeries. If pregnant or nursing, consult with your healthcare professional before taking this product.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Riboflavin 5 mg
Vitamin B6 (as Pyridoxal 5-Phosphate) 25 mg
Folate (as [6S]-5-methyltetrahydrofolic acid from 800 mcg of Quatrefolic® [6S]-5-methyltetrahydrofolic acid, glucosamine salt) 400 mcg DFE
Iodine (as K Iodide) 225 mcg
Zinc (as Zn Glycinate) 10 mg
Selenium (as Selenomethionine) 50 mcg
Copper (as Cu Glycinate) 0.5 mg
Manganese (as Mn Glycinate) 5 mg
Chromium (as Cr Polynicotinate)† 50 mcg
L-Tyrosine 500 mg
Bacopa monnieri Extract 200 mg
Yielding: Bacosides 40 mg
Commiphora mukul Extract 100 mg
Yielding: Guggulsterones 2.5 mg
Coleus forskohlii (ForsLean® Brand) Extract 100 mg
Yielding: Forskolin 10 mg

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†Chromemate® brand niacin-bound chromium.
Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

DHEA 25 mg



DHEA is an important adrenal hormone that supports healthy aging.* DHEA levels decline with age and adrenal stress. DHEA supports immune system and thyroid function, as well as memory and energy function.*

Supplement Facts

Serving Size 1 Vegetarian Capsule
Servings Per Container 90

DHEA (micronized) 25 mg

Other ingredients: vegetable cellulose (capsule), vegetarian leucine.

Warning: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING.

Consult a physician or licensed qualified healthcare professional before using this product if you have, or have a family history of, prostate cancer, prostate enlargement, heart disease, low "good" cholesterol (HDL), or if using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. **KEEP OUT OF REACH OF CHILDREN. To report any adverse events call 1-800-332-1088.**

Caution: May interfere with birth control medications and devices.

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Cholesterol Support



A dietary supplement to support cardiovascular function and maintenance of cholesterol levels within normal ranges.* Cholesterol Support is a unique combination of Red Yeast Rice, Policosanols, Phytosterols, Coenzyme Q10, Chromium Polynicotinate, EPA, Artichoke Leaf Extract and Guggul lipids. It is a great addition to any diet and exercise program that is designed to support the maintenance of HDLs, cholesterol, and triglycerides within normal ranges.*

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Chromium (as Chromium Polynicotinate) 200 mcg
Red Yeast Rice 600 mg
Policosanols (from Sugar Cane) 20 mg
Phytosterols Complex (from Soy) 500 mg
Yielding: total phytosterols 450 mg
Beta sitosterol 180 mg
Campesterol 90 mg
Stigmasterol 66 mg
Coenzyme Q10 20 mg
Guggul Lipids Powder 200 mg
Artichoke (leaf) Extract 100 mg

Other ingredients: rice flour, hypromellose (capsule), vegetarian leucine.

Contains: Soy.

Warning: If pregnant, nursing or taking any cholesterol-lowering medication, consult your healthcare practitioner before using this product.

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Organ Support



A dietary supplement to support liver health and detoxification functions.* Organ Support™ is a comprehensive formula designed to support liver health when environmental toxins are present.* This unique combination of amino acids, herbs, and other nutrients aids in fat metabolism within the liver, promotes glutathione synthesis, supports the safe elimination of toxins, and supplies a broad range of antioxidants to help reduce free radical damage.* Organ Support™ is recommended to support Phase I and Phase II detoxification pathways.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Biotin 50 mcg
Choline (as Choline Bitartrate) 80 mg
Calcium (as Ca D-Glucarate) 6 mg
Milk Thistle (Silybum marianum) Seed Extract 200 mg
Yielding: Silymarin 160 mg
L-Methionine 100 mg
Turmeric (Curcuma longa) Root Powder 80 mg
N-Acetyl Cysteine 50 mg
Inositol 25 mg
L-Glycine 25 mg
DIM® (a proprietary enhanced bioavailability complex of starch, diindolylmethane, Vitamin E as tocophersolan, phosphatidylcholine, silica.) 25 mg
Alpha Lipoic Acid 20 mg

Other ingredients: hypromellose (capsule), vegetarian leucine, microcrystalline cellulose.

Warning: If pregnant, nursing, or planning to become pregnant do not take this product.



Tress



A dietary supplement to support hair health and growth.* Zao® Tress is a synergistic formula that contains well-recognized nutrients to support the repair of damage hair follicles and the health and growth of hair.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Biotin 600 mcg
Zinc (as Zinc Picolinate) 15 mg
Copper (as Copper Sulfate) 3 mg
DL-Methionine 500 mg
Saw Palmetto (Serenoa repens) Berry Extract 360 mg
Yielding: plant sterols (free fatty acids) 162 mg
Methylsulfonylmethane (MSM) 200 mg
L-Cysteine (Enteric Coated) 200 mg
Grape Seed Extract 200 mg
Yielding: proanthocyanidins 190 mg
Horsetail Rush (Equisetum arvense) Herb Extract 100 mg
Pygeum africanum Bark Extract 75 mg
Yielding: plant sterols 1.87 mg
Beta Sitosterol Whole Powder Complex 75 mg
Gamma Linolenic Acid (GLA) Powder 50 mg
Stinging Nettle (Urtica dioica) Root Extract 50 mg
DIM® 50 mg
(a proprietary enhanced bioavailability complex of starch, diindolylmethane, Vitamin E as tocophersolan, phosphatidylcholine, silica.)
Green Tea Extract 50 mg
Yielding: EGCG (Epigallo-catechin-3-gallate) 15 mg

Warning: If pregnant, nursing, or planning to become pregnant, do not take this product.



Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Contains: Soy.




PhytoTress®

Personalized Hair Care Solutions

Gluco Balance



A vegetarian dietary supplement to support proper glucose metabolism.* Gluco Balance is a whole new formula that's been redesigned with Cinnulin PF®, a patented water extract of cinnamon that supports healthy glucose management and insulin utilization by cells.* Gluco Balance now contains 7 well-known nutritional factors to support proper glucose metabolism including a full complement of natural plant extracts (Bitter Melon Extract, Vanadyl Sulfate, Gymnema sylvestri extract, Lagerstroemia speciosa L. (Banaba Leaf) Extract, and Cinnulin PF®) plus Alpha Lipoic Acid for antioxidant support, and the mineral chromium to support sugar metabolism, maintain blood sugar levels within normal range, and aid glucose utilization by cells.*

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Chromium (as Cr. Polynicotinate)† 200 mcg
Gymnema sylvestri Leaf Extract 200 mg
Yielding: Gymnemic Acid 50 mg
Cinnulin PF® (Cinnamon Extract) 125 mg
Alpha-Lipoic Acid 100 mg
Bitter Melon (Momordica charantia) Extract 80 mg
Yielding: Charantin 0.4 mg
Lagerstroemia speciosa L. (Banaba) Leaf Extract 50 mg
Yielding: Corosolic Acid 0.5 mg
Vanadyl Sulfate 5 mg

†Chromemate® brand niacin-bound chromium.
Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: This product should only be used with careful monitoring of blood sugar levels and in consultation with your healthcare practitioner. If pregnant or nursing consult your healthcare practitioner before taking this product.

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Collagen Support



A dietary supplement to support skin, joint, and connective tissue health.* Collagen Support contains BioCell Collagen II™ which is a multi-functional, patented ingredient for joint, skin, and vascular support.* BioCell Collagen II™ is made from 100% pure enzymatically hydrolyzed chicken sternum cartilage, thereby providing high bioavailability and purity. BioCell Collagen II™ naturally contains a minimum of 20% depolymerized Chondroitin Sulfate, a form of Chondroitin Sulfate that is absorbed up to 5 times better than bovine derived materials.* BioCell Collagen II™ is naturally rich in Hyaluronic Acid (10%) and Cartilage Matrix Glycoprotein (CMGP), powerful substances that support cartilage health and function as well as joint comfort.* The benefits of Collagen Support with Glucosamine HCl, and Methylsulfonylmethane make this a unique, advanced, and effective formula for skin and connective tissue health.*

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 45

BioCell Collagen® (Hydrolyzed Chicken Collagen Type II) 1,000 mg
Methylsulfonylmethane 800 mg
Glucosamine HCl (from shrimp and crab) 600 mg

Other ingredients: microcrystalline cellulose, stearic acid, vegetable stearate, croscarmellose sodium, silicon dioxide, pharmaceutical glaze.

Contains: Shrimp and crab.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

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